

## MASSAGE & BODY TREATMENTS

### ARTISAN

50 min or 80 min

\$195/\$290

Our experienced therapists are certified in a variety of massage techniques, allowing them to create an artful combination specific to your needs that helps alleviate pain, reduce tension and promote relaxation.

### RELIEF MASSAGE

50 min or 80 min

\$240/\$330

Our signature Artisan Massage adds the benefits of CBD oil and CBD balm to deliver soothing relief for the entire body. The balm provides targeted attention to sore backs, joints, hands and feet with gently warming, tingling cayenne and arnica. Discover the power of this plant medicine and bring the body and mind to harmony with a strong dose of stress relief.

### BODY AND SOUL

80 min

\$295

Experience the unparalleled healing benefits of our signature relaxation massage. This treatment infuses organic lavender, sage and high potency, supercritical extract of arnica flower to target aches, pains and soft tissue damage. Steaming hot towels are incorporated throughout the service to assist in the anti-inflammatory and healing properties of the essential oils, all while calming the mind.

### SHEA BUTTER WRAP

50 min

\$195

This is an excellent treatment for any dry skin condition. Shea Butter soothes, moisturizes and improves elasticity to combat the effects of aging and wrinkling skin. Warmed Shea Butter is applied to the body and then sealed within a wrap. During this process, a detoxifying mud mask is applied to the feet to improve circulation creating an energizing sensation.

### MINERAL SALT GLOW

50 min

\$195

Earthy mineral salts combine with your personally selected aroma oil, matching your mood and needs for the day. This invigorating and detoxifying full body exfoliation is enhanced by your own intuitive sense of what is best for personal wellness.

### PHOENIX RISING SCRUB & MASSAGE

80 min

\$290

Our warming signature scent is blended into a creamy body polish rich in magnesium. A full-body massage follows using a premium Shea butter and coconut oil. Creates healthy energy levels, fosters better sleep, improves muscle function and overall well-being.

## FACIAL TREATMENTS

### THE PERSONAL REMEDY

50 min

\$205

This results-oriented treatment will address specific skin conditions. From hyperpigmentation, sensitivity, oily skin and premature aging, this personalized facial helps treat and correct individual concerns. Includes a customized exfoliation for the face, neck and décolleté to renew the skin, a deep-cleaning massage to promote circulation and hand-selected masque to balance and nourish

### HYDRAFACIAL®

50 min or 80 min

\$285/\$385

Achieve visibly transformative results, with the only hydra-dermabrasion treatment that simultaneously provides cleansing, exfoliation, extractions and hydration using proprietary serums filled with antioxidants, peptides and hyaluronic acid. This non-invasive, nonsurgical process delivers instant rejuvenation with no discomfort or downtime.

50 min – deeply cleanses, exfoliates, extracts and hydrates while addressing specific skin concerns.

80 min – includes the addition of facial lymphatic drainage and LED light therapy.

## NAIL TREATMENTS

### PHOENIX RISING

Our warming signature scent is blended into a creamy scrub and Shea butter moisturizer. Nails are perfectly trimmed, filed and shaped. A gentle exfoliation is applied to smooth away dry skin cells. Complete the experience with your choice of nail color or buffing.

25 min hand treatment                   \$55

25 min foot treatment                   \$60

### DESERT BLISS

A soothing, aromatic exfoliation with Salts of the Desert begins this treatment. Shaping of the nails along with detailed cuticle care and callus eliminator is included. A massage with the uplifting scent of Cactus Flower body butter will soothe and renew hands or feet. Your choice of nail color or buffing provides the finishing touch.

50 min hand treatment                   \$85

50 min foot treatment                   \$95

Shellac Polish                               \$25 (add 25 min to any service)

Spa Essential: These nail treatments are designed for natural nails. Please advise at booking if you have acrylics or gel polish to ensure the proper service time.

## PLANNING A SPA VISIT

**ARRIVAL** Please arrive at least 15 minutes prior to your appointment time to begin your relaxation.

Your spa reservation is held specifically for you and late arrivals may result in abbreviated service.

Your service will end as scheduled as not to delay the next guest.

**ENVIRONMENT** The Phoenician Spa is an adult environment of tranquility and relaxation. We respect the rights of all guests to privacy and quiet. Mobile phones and cameras are not permitted in any treatment rooms, locker rooms or relaxation lounges. In all other areas, please keep phones on silent mode.

**MINIMUM AGE** Spa guests 18 years and older are welcome in all areas of the spa, including locker rooms, treatment center and rooftop pool.

**ATTIRE** Most treatments are enjoyed without clothing. Our service providers are trained to drape you discreetly and to protect your privacy at all times. Swimwear is required at the rooftop pool. Upon arrival, you will receive a robe, slippers and locker for your personal belongings. Please leave valuables in your guestroom or at home.

**HEALTH** Please consume plenty of water during your spa visit and throughout your stay in the dry Arizona climate. Please notify our staff when making reservations if you have any special health considerations. Some medical conditions may require consulting with your physician prior to receiving spa treatments. Expectant mothers may enjoy many of the treatments offered after the first trimester; we advise you to avoid treatments using deep pressure or heat. Consuming alcoholic beverages is not recommended before or after a spa treatment. The Phoenician Spa is a smoke-free environment, including the rooftop pool.

**SERVICE CHARGE** Service providers and spa staff who assisted you during your visit will receive gratuities through the 20% service charge, which is added to the treatment total.

**CANCELLATIONS** All reserved services must be guaranteed with a valid credit card or guestroom confirmation number. A minimum 4-hour notice must be given to cancel or amend any reserved appointment. If you are not feeling well and less notice is given, the cancellation fee will be waived. Missed appointments without proper notice are subject to the full treatment price.